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Dear Parents

### FOREST SCHOOL

Year 2 children will be enjoying Forest Schools on Wednesday 1<sup>st</sup> November 2017 for twelve weeks

#### **What is Forest School?**

Forest School uses the outdoor environment to help all children learn. Children are encouraged to develop independence skills, improve their decision making and raise their self-esteem through small achievable tasks.

Sessions of Forest School are child led to accommodate individual learning styles and schemes, children are encouraged to make choices and follow their own learning. The adult's role is to facilitate and enable observation and assessment of the children.

Teachers and childcare workers involved with children who undertake Forest School report significant improvements in independence, self-esteem, social skills and concentration levels. Parents of children involved in Forest School have reported changes in independence, self-esteem and their child's social outlook.

Children will need a warm change of clothes as well as a **warm coat** and **trousers with wellies**. and waterproof trousers and coat these will help your child stay warm and dry.

Finally please let us know if there have been any recent medical changes for your child that we need to amend on our medical records.

Yours sincerely

Mrs Linda Froud & Mrs Vicki Morse