

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Road Safety

OPTIONAL RESOURCES

Road Safety Extension
Personal Safety - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Water Spillage

OPTIONAL RESOURCES

Water Spillage Extension
Personal Safety - Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Jealousy

OPTIONAL RESOURCES

Jealousy Extension
General wellbeing - Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Washing Hands

OPTIONAL RESOURCES

Washing Hands Extension
Health protection and prevention - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Online Bullying

OPTIONAL RESOURCES

Online Bullying Extension
Wellbeing online - Simply RSHE

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Democracy

OPTIONAL RESOURCES

Democracy Extension
Respectful, kind relationships - Simply RSHE

SUMMER

OUR WORLD UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Growing In Our World

OPTIONAL RESOURCES

Growing In Our World Extension
Developing bodies - Simply RSHE

FIRE SAFETY UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Hoax Calling

OPTIONAL RESOURCES

Hoax Calling Extension
Basic first aid - Simply RSHE

RELATIONSHIPS UNIT

CORE COMPREHENSIVE TOPICS

Y1-*What I Know Now*
Friendship
Y2-*Bullying and*
Body language
Y3-*Touch*

Daisy and Poppy-PSHE/RSHE-27-28

CYCLE B (5-8)

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

Tying Shoelaces
Staying Safe

OPTIONAL RESOURCES

Tying Shoelaces Extension
Staying Safe Extension
Personal safety – Simply RSHE
Being safe – Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

Practice Makes Perfect
Helping Someone In Need

OPTIONAL RESOURCES

Practice Makes Perfect Extension
Helping Someone In Need Extension
General wellbeing – Simply RSHE
Being safe – Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

Worry
Anger

OPTIONAL RESOURCES

Worry Extension
Anger Extension
General wellbeing – Simply RSHE
Respectful, kind relationships – Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

Healthy Eating
Brushing Teeth

OPTIONAL RESOURCES

Healthy Eating Extension
Brushing Teeth Extension
Healthy eating – Simply RSHE
Heath protection and prevention – Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Image Sharing
Computer Safety Documentary

OPTIONAL RESOURCES

Image Sharing Extension
Computer Safety Documentary Extension
Online safety and awareness – Simply RSHE
Wellbeing online – Simply RSHE

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

Individual Liberty
Rule of Law

OPTIONAL RESOURCES

Individual Liberty Extension
Rule of Law Extension
Respectful, kind relationships - Simply RSHE

SUMMER

OUR WORLD UNIT

CORE COMPREHENSIVE TOPICS

Living in Our World
Working in Our World

OPTIONAL RESOURCES

Living in Our World Extension
Working in Our World Extension
NO Simply RSHE Links

FIRE SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Petty Arson
Texting Whilst Driving

OPTIONAL RESOURCES

Petty Arson Extension
Texting Whilst Driving Extension
Personal safety - Simply RSHE

RELATIONSHIPS UNIT

CORE COMPREHENSIVE TOPICS

Y1-What I Know Now
Friendship
Y2-Bullying and Body language
Y3-Touch

Daisy and Poppy-PSHE/RSHE-28-29

CYCLE C (5-8)

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

*Leaning Out of Windows
What I've Learnt*

OPTIONAL RESOURCES

Leaning Out of Windows Extension
Personal safety – Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

*Stealing
What I've Learnt*

OPTIONAL RESOURCES

Stealing Extension
NO Simply RSHE Links

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

*Grief
What I've Learnt*

OPTIONAL RESOURCES

Grief Extension
General wellbeing – Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

*Medicine
What I've Learnt*

OPTIONAL RESOURCES

Medicine Extension
Drugs, Alcohol, Tobacco & Vaping – Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

*Making Friends Online
What I've Learnt*

OPTIONAL RESOURCES

Making Friends Online Extension
Online safety and awareness – Simply RSHE

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

*Tolerance
What I've Learnt*

OPTIONAL RESOURCES

Tolerance Extension
Respectful, kind relationships - Simply RSHE

SUMMER

OUR WORLD UNIT

CORE COMPREHENSIVE TOPICS

*Looking After Our World
What I've Learnt*

OPTIONAL RESOURCES

Looking After Our World Extension
NO Simply RSHE Links

FIRE SAFETY UNIT

CORE COMPREHENSIVE TOPICS

*Enya & Deedee Visit the Fire St.
What I've Learnt*

OPTIONAL RESOURCES

Enya & Deedee Visit the Fire St. Extension
Personal safety - Simply RSHE

RELATIONSHIPS UNIT

CORE COMPREHENSIVE TOPICS

*Y1-What I Know Now
Friendship
Y2-Bullying and Body
language
Y3-Touch*

Speedwell and Foxglove - PSHE/RSHE-28-29

CYCLE C (8-11)

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
Cycle Safety*

OPTIONAL RESOURCES

Cycle Safety Extension
Personal safety – Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

*Stealing
What I've Learnt*

OPTIONAL RESOURCES

Stealing Extension
Respectful, kind relationships – Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

*Worry
What I've Learnt*

OPTIONAL RESOURCES

Worry Extension
General wellbeing – Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

*Alcohol
What I've Learnt*

OPTIONAL RESOURCES

Alcohol Extension
Drugs, Alcohol, Tobacco & Vaping – Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

*Making Friends Online
What I've Learnt*

OPTIONAL RESOURCES

Making Friends Online Extension
Online safety and awareness – Simply RSHE

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

*British Values
What I've Learnt*

OPTIONAL RESOURCES

British Values Extension
NO Simply RSHE Links

SUMMER

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

*In-App Purchases
What I've Learnt*

OPTIONAL RESOURCES

In-App Purchases Extension
Respectful, kind relationships – Simply RSHE

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

Y4- What I know know-First Aid
Y5 -First Aid Year 5
First Aid Year 5 (Part 1)
Y6-First Aid Year 6 (Part 2)
What I've Learnt

GROWING AND CHANGING UNIT

CORE COMPREHENSIVE TOPICS

Y4- What I know know-appropriate touch
Y5-Puberty, adults and children's views
Y6-Conception
What I've Learnt

Speedwell and Foxglove - PSHE/RSHE-27-28

CYCLE B (8-11)

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

*Peer Pressure
Adults' & Children's Views*

OPTIONAL RESOURCES

Peer Pressure Extension
Being safe – Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

*Looking Out for Others
Adults' & Children's Views*

OPTIONAL RESOURCES

Looking Out for Others Extension
General wellbeing – Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

*Anger
Adults' & Children's Views*

OPTIONAL RESOURCES

Anger Extension
General wellbeing – Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

*Smoking
Adults' & Children's Views*

OPTIONAL RESOURCES

Smoking Extension
Drugs, Alcohol, Tobacco & Vaping – Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

*Image Sharing
Adults' & Children's Views*

OPTIONAL RESOURCES

Image Sharing Extension
Online safety and awareness – Simply RSHE

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
Breaking Down Barriers*

OPTIONAL RESOURCES

Breaking Down Barriers Extension
Respectful, kind relationships – Simply RSHE

SUMMER

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

*Enterprise
Adults' & Children's Views*

OPTIONAL RESOURCES

Enterprise Extension
NO Simply RSHE Links

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

*Y4- What I know know-
First Aid Y4
Y5 and 6-First Aid Year 5
First Aid Year 5 (Part 1)*

GROWING AND CHANGING UNIT

CORE COMPREHENSIVE TOPICS

*Y4- What I know know-
appropriate touch
Y5-Puberty, adults and
children's views
Y6-Conception
What I've Learnt*

Speedwell and Foxglove - PSHE/RSHE – 26-27

CYCLE A (8-11)

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

*Water Safety
What I've Learnt*

OPTIONAL RESOURCES

Water Safety Extension
Personal safety – Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
Coming Home on Time*

OPTIONAL RESOURCES

Coming Home on Time Extension
Respectful, kind relationships – Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
Jealousy*

OPTIONAL RESOURCES

Jealousy Extension
General wellbeing – Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
Healthy Living*

OPTIONAL RESOURCES

Healthy Living Extension
Healthy eating – Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
Online Bullying*

OPTIONAL RESOURCES

Online Bullying Extension
Wellbeing online – Simply RSHE

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

*Inclusion & Acceptance
Adults' & Children's Views*

OPTIONAL RESOURCES

Inclusion & Acceptance Extension
Families & people who care for me - Simply RSHE

SUMMER

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
Chores at Home*

OPTIONAL RESOURCES

Chores at Home Extension
General wellbeing – Simply RSHE

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

*What I Know Now
First Aid Year 4*

OPTIONAL RESOURCES

First Aid Year 4 Extension
Basic first aid – Simply RSHE

GROWING AND CHANGING UNIT

CORE COMPREHENSIVE TOPICS

*Y4- What I know know-
appropriate touch
Y5-Puberty, adults and children's
views
Y6-Conception
What I've Learnt*